

# CONGRESS

ESPACE VANEL • TOULOUSE

29 & 30 september 2023

*“On the shoulders of Still and looking beyond...”*,  
contemporary issues :

The contribution of science to the validation  
of practices and teaching of osteopathy.



IRFO  
Institut de Recherche Franc'Osteo



Réseau Franc'Ostéo



ITO

# CONGRESS

29-30 september 2023,  
**IRFO-RFO-ITO**

## *“On the shoulders of Still and looking beyond...”*, contemporary issues :

**The contribution of science to the validation of  
practices and teaching of osteopathy.**

How to validate osteopathic practices, how to effectively evaluate a complex drug-free intervention, how to teach this medicine today, the effectiveness of which depends on the finesse of palpation and the understanding of the links between all body parts and functions? How to explore and improve the passing on of osteopathic knowledge and skills, in the light of current knowledge in the various disciplinary fields?

These questions are at the heart of the research axes of the Institut de Recherche Franc'Ostéo (IRFO), which promotes epistemological and educational thinking as well as clinical research specific to osteopathy. This international congress will present conferences, round table discussions and practical workshops during which participants will be able to get acquainted with innovative tools (measurement and/or visualization instruments) useful in osteopathic practice and research.



# VENUE

## Espace Vanel

1 allée Chaban Delmas - 31500 Toulouse



### ACCESS

PLANE: Paris-Toulouse: two flights per hour: a shuttle connects Paris to Toulouse daily.

CAR: Toulouse is directly connected by motorway to the main capitals of northern and southern Europe.

TRAIN: Toulouse Matabiau train station (Paris-Toulouse via Bordeaux in approximately 4 hours)

BUS: Lines 14 to 18 will take you to the Espaces VANEL

METRO : Line A, Matabiau SNCF station is a 5 minute walk from the Espaces VANEL.

TRAM: Palais de Justice station then line B to Jean Jaurès station. Change to line A towards Balma terminus. Stop at Matabiau SNCF station.

PARKING: Direct access to the Q-Park with 1000 private spaces.

Wheelchair access is possible in all spaces.

## SPEAKERS AT THE CONGRESS

Jon Adams, Imane Agouti, Claire Berger, Alexandre Borwin, Fabien Capelli, Francesco Cerritelli, Jerry Draper-Rodi, Denis Ducommun, Laurence Durat, Ana Paula A. Ferreira, Jack Feehan, Michael Fleischmann, Marco Gabutti, Martin Garet, Franck Garnier, Isabelle Gilbert, Jean-Pierre Guillaume, Erwann Jacquot, Sabrina Kepka, Kesava Kovanur Sampath, Pierre-Luc L'Hermite, Victor Lopez, Cindy McIntyre, Gopi Anne McLeod, Chantal Morin, Lee Muddle, Stéphane Renaudo, Robert Schleip, Niklas Sinderholm Sposato, Amie Steel, Oliver Thomson, Loïc Treffel, Nicholas Tripodi, Brett Vaughan, Soazig Villerbu.

# PROGRAM

DAY 1 : Friday 29 September 2023

8h30

9h00

9h15 - 10h15 am



10h15 - 10h45

10h45 - 12h00



12h00 - 13h00



13h - 14h30 Lunch break

14h30-15h30 pm (concurrently)

## Welcoming participants

### Congress opening address

*Clairette Martin, DO, Msc, President of IRFO, Director of ITO and RFO, Toulouse, (France).*

### Conference 1

*Francesco Cerritelli, PhD. DO. President COME collaboration, Pescara, (Italy):*  
«Specific and non specific effects in the course of an osteopathic intervention».

## Break/Poster session/Stand

### Presentations

- *Sabrina Kepka Garnier, MD, emergency medicine, Strasbourg (France):*  
«A methodological innovation to assess osteopathic practices: the case of an econometric study in obstetrics».
- *Imane Agouti, PhD clinical research project manager. AP-HM, Marseille (France):*  
«Contribution of osteopathy to patients with sickle cell disease related chronic pain (OSTEODREP)».
- *Claire Berger, MD, oncopaediatics and haematology, CHU St Etienne (France):*  
«Evaluation of the Autonomous Nervous System in the case of oncopaediatics follow-up: effects and interest of complementary osteopathic support».

### Conference 2

*Jean-Pierre Guillaume, MD, DO, Director of Holistea, Paris (France):* «Osteopathic medicine: evolution and revolution of concepts».

## Practical workshops 1: Assessment tools

*(training initiative susceptible of being covered by the FIF PL)*

- Use of myoton and echoscopy in research and practice :  
*Loïc Treffel, PhD, DO, IRFO, ITO, Toulouse, (France) ;*
- Evaluation of the Autonomic Nervous System, heart rate variability and beyond:  
*Martin Garet, PhD, IRFO, CIDO, Lab. Sainbiose INSERM U1059 - CHU Saint Etienne, UJM, (France);*
- SMART measures innovative tools for the practitioner, an IRFO / ENSEEIHT collaboration The use of stabilometry and CKR in research and practice :  
*Denis Ducommun, MKDE, ITO, IRFO, (France).*

## Roundtable 1:

- **Topic «Validating osteopathic medicine; which implementable methodologies?**
- **Moderator:** *Erwann Jacquot, Msc, PhD candidate, DO, IRFO, CIDO, Saint Etienne (France).*
- **Participants:** *Imane Agouti, MD; Claire Berger, MD; Francesco Cerritelli, PhD, DO; Jean-Pierre Guillaume, MD, DO; Sabrina Kepka, MD, PhD, DO.*

15h30 - 16h00

Break/Poster session/stands

16h00 - 16h30

Presentations



*Prof. Jon Adams, Head of Research, University of Technology (UTS), Faculty of Health, Head of the 'Australian Research Center of Complementary and Integrative Medicine (ARCCIM), Sydney, Australia : « Introducing the Strategic Osteopathy Leadership and Research Program (SOLAR) : Growing international collaboration and capacity »*

16h30 - 18h00

Roundtable 2

- **Topic:** « Growing research in osteopathy: International perspectives and experiences from the SOLAR program ».
  - **Moderator:** Loïc Treffel, PhD, DO, ITO, IRFO, ARCCIM, Toulouse (France) ;
  - **Participants :** SOLAR Team, Sydney (Australia).
- Prof. Jon Adams, Head of Research, University of Technology (UTS), Faculty of Health, Head of the 'Australian Research Center of Complementary and Integrative Medicine (ARCCIM), Sydney (Australia).
- Amie Steel. PhD. Head of Research, University of Technology Sydney (UTS), Faculty of Health, ARCCIM, Sydney, (Australia).
- Jerry Draper-Rodi, DProf(Ost), PG Dip, DO; Director of NCOR and Senior Research Fellow at UCO (UK)
- Ana Paula A. Ferreira, PhD. DO. Instituto Brasileiro de Osteopatia IBO, Rio de Janeiro, (Brasil), Former President of the Osteopathic International Alliance (OIA).
- Michael Fleischmann, PhD. Candidate. DO. Lecturer, Rehabilitation Sciences. RMIT University, Melbourne, (Australia).
- Chantal Morin, Erg. DO. PhD. Assistant Professor, Rehabilitation School, Faculty of Medicine and Health Sciences, University of Sherbrooke, (Canada).
- Cindy McIntyre, DProf Ost. Director of Osteopathy Letchworth, Hon Research Fellow UCO (UK).
- Jack Feehan, PhD. DO. Senior Research Fellow, Institute for Health and Sport, Victoria University, Melbourne, (Australia).
- Brett Vaughan, PhD. DO. Department of Medical Education, Faculty of Medicine, Dentistry & Health Sciences, Université de Melbourne, (Australia).
- Gopi Anne McLeod, PhD. DO. President of the Australasian Osteopathic Accreditation Council, Sydney, (Australia).
- Kesava Kovanur Sampath, PhD. M.Ost. Lecturer, Waikato Institute of Technology, Hamilton, (New Zealand).
- Lee Muddle, PhD. Candidate, M.Ost. RMIT University. NDIA, Geelong, (Australia).
- Nicholas Tripodi, M.Hlth.Sc. DO. PhD. Candidate, Victoria University, Melbourne, (Australia).
- Oliver Thomson, PhD. DO. Associate professor, University College of Osteopathy, University of Brighton, London, (UK).
- Francesco Cerritelli, PhD. DO. President COME collaboration, Pescara, (Italy).
- Niklas Sinderholm Sposato. PhD Candidate. M.Ost. Sahlgrenska Academy. Gothenburg University, (Sweden).

# PROGRAM

DAY 2 : Saturday 30 September 2023

8h30

9h00 - 10h30



10h30 - 11h15 am

11h15 - 12h15



12h15 - 14h15 Lunch break

14h15-15h15 pm (concurrently)

## Welcoming participants

### Presentations

- *Pierre-Luc L'Hermite, PhD, DO, ITO, IRFO, Toulouse (France):* «The concept of evidence in medicine».
- *Fabien Capelli, PhD, GREX certified instructor, PSInstitut, associated with LISEC (France) and Franck Garnier, PhD, DO, IRFO, COS, Strasbourg (France):* «Understanding the osteopathic profession through the activities of novices, experts and patients».
- *Alexandre Borwin, Msc, PhD candidate, DO, IRFO, EOP, Paris (France):* «Learning and professionalization of osteopaths».

### Break/poster sessions/stands

### Conference 3

*Isabelle Gilbert, Msc, DO, Montreal (Canada):* «Measurement and objectivation of tissue change»

### Practical workshops 2: Assessment tools

*(training initiative susceptible of being covered by the FIF PL)*

- Use of myoton and echoscopy in research and practice :  
*Loïc Treffel, PhD, DO, IRFO, ITO, Toulouse, (France) ;*
- Evaluation of the Autonomic Nervous System, heart rate variability and beyond:  
*Martin Garet, PhD, IRFO, CIDO, Lab. Sainbiose INSERM U1059 - CHU Saint Etienne, UJM, (France);*
- SMART measures innovative tools for the practitioner, an IRFO/ENSEEIH collaboration  
The use of stabilometry and CKR in research and practice : *Denis Ducommun, MKDE, ITO, IRFO, (France).*

### Roundtable 3 :

- **Topic:** «Perspectives and evolutions of osteopathic training. How to teach clinical reasoning?»
- **Moderator:** *Pr Laurence Durat, PU, University of Haute Alsace, President of the Scientific Council of the IRFO, Strasbourg, (France).*
- **Participants :** *Franck Garnier, PhD, DO, COS, IRFO, Strasbourg, (France) ; Stéphane Renaudo, Msc, ITO, Toulouse, (France) ; Alexandre Borwin, Msc, PhD candidate, EOP, IRFO, Paris (France); Erwann Jacquot, Msc, PhD candidate, CIDO, IRFO, St Etienne, (France).*



15h15 - 16h00

#### Roundtable 4

- **Topic:** «From tradition to modernity»
- **Moderator:** *Pierre-Luc L'Hermite, DO, IRFO, ITO, Toulouse, (France).*
- **Participants :**
  - *Marco Gabutti, Ind. engineer, DO, (France)*
  - *Pr Soazig Villerbu, PU, University of Limoges (France)*
  - *Victor Lopez, Msc History, DO.*

16h00 - 16h30

#### Break/posters sessions/stands

16h30 - 17h30



#### Conference 4

*Robert Schleip, PhD, University of Ulm (Germany): «Sensory aspects of the fascia organ: the social, relational and emotional component of the body in motion».*

17h30 - 18h00



#### Synthesis and closing

*Pr Laurence Durat, PU, Strasbourg (France), President of the Scientific Council of the IRFO*

## REGISTRATION AND FEES

- **Professional rate:**
  - Registration **before 30 April: €350** - Registration **after 30 April: €400**
- **Young graduate rate** (2023 graduate), on presentation of diploma, if registration **before 31 July: €350**
- **Student rate** (4<sup>th</sup> or 5<sup>th</sup> year of osteopathy in 2023-24, registration **before 31 July**), on presentation of proof of enrolment for the year: **€50**
- **Poster presenter rate** (non-student): **€150**
- **Gala dinner on Friday 29 September evening: €95**

### TO REGISTER FOR THE CONGRESS :



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